

# We will be starting soon!

Thanks for joining us



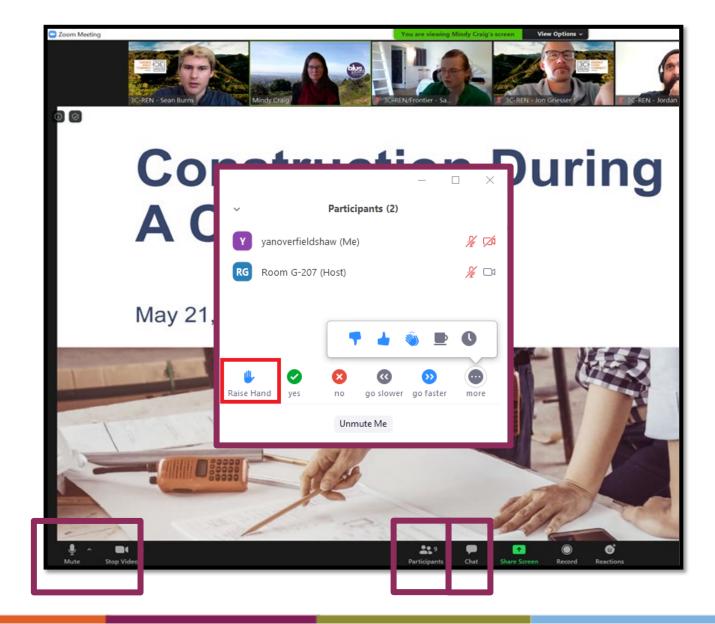
# Our Changing Climate and Evolving Building Practice



Ann Edminster – Design AVEnues Jay Gentry – Passive House California November 16<sup>th, 2021</sup>

### **Zoom Orientation**

- Please be sure your full name is displayed
- Please mute upon joining
- Use "Chat" box to share questions or comments
- Under "Participant" select "Raise Hand" to share a question or comment verbally
- The session may be recorded and posted to 3C-REN's on-demand page.
   Feel free to ask questions via the chat and keep video off if you want to remain anonymous in the recording.



### 3C-REN: Tri-County Regional Energy Network

- Three counties working together to improve energy efficiency in the region
- Services for
  - Building Professionals: industry events, training, and energy code compliance support
  - Households: free and discounted home upgrades
- Funded by ratepayer dollars that 3C-REN returns to the region





### 3C-REN Staff Online



### **Our Changing Climate & Evolving Building Practice**

### **Decarbonization and High Performance**

### Leveraging the loading order, building science, and integrated design & delivery





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LIFORNIA

# **Greetings, Earthlings!**

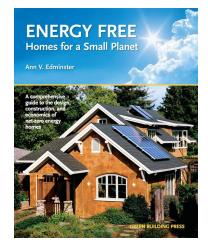




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Architecture boot camp

- B.Arch., Cal Poly SLO
- Green building immersion
  - M.Arch., UC Berkeley
- Led development of LEED for Homes
- In 2009 wrote 1<sup>st</sup> book on zero-energy homes
- Laser-focused on reducing emissions in the built environment



# Thank you for the opportunity



Jay Gentry

- Graduate of UCLA
   Business School
- USAF instructor pilot
- Marketing and sales consultant
- Passive House California Board of Directors
- Advocate for state of the science design and construction



# Learning Objectives

### **GENERAL:**

- Awareness and alignment: what is, what is happening, and what is possible
- Knowledge to make informed and purposeful choices:
   where you fit and how you will proceed in this critically important emerging market

AIA: after attending this class, participants will be able to—

- Identify key issues driving evolution within the building industry
- Describe policies & programs emerging to address these realities
- Explain the three pillars of highperformance, climate-responsive building practice
- Incorporate high-performance priorities
   & practice into a personal or professional action plan

# POLL Which best describes YOU?

**A.** Builder, contractor, or trades person

- **B.** Architect, engineer, or other type of designer
- **C.** Public agency official or staffer
- **D. Other** (select D + explain in chat box!)

### **TOPIC OUTLINE**

- WHY we're here
- WHAT this means for the building sector
- **HOW** to implement high performance
- What **YOU** can **DO**

# WHY we're here



### Preserving a livable Earth requires limiting temperature rise to 1.5°C

# Our home is on fire!

### 10/25/21: UN warns world is on course for catastrophic warming of 2.7°C

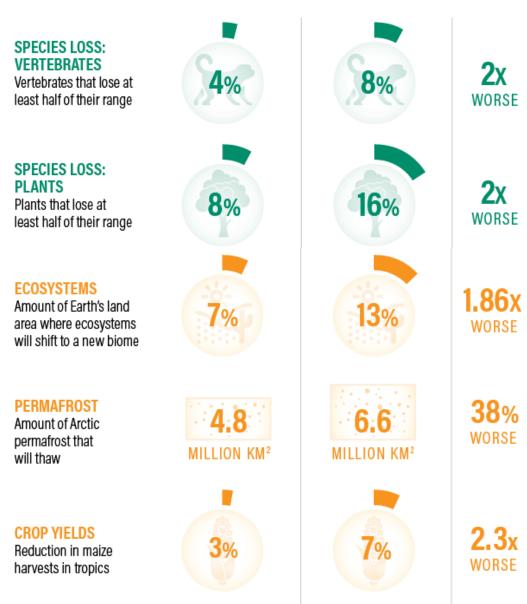
## Limiting temperature rise is PRIORITY #1

#### 🏶 WORLD RESOURCES INSTITUTE

### HALF A DEGREE OF WARMING MAKES A BIG DIFFERENCE:

E EXPLAINING IPCC'S 1.5°C SPECIAL REPORT

	1.5°C	2°C	2°C IMPACTS
<b>EXTREME HEAT</b> Global population exposed to severe heat at least once every five years	14%	37%	<b>2.6x</b> WORSE
SEA-ICE-FREE ARCTIC Number of ice-free summers	AT LEAST 1 EVERY 100 YEARS	AT LEAST 1 EVERY 10 YEARS	<b>10x</b> worse
SEA LEVEL RISE Amount of sea level rise by 2100	0.40 METERS	<b>0.46</b> METERS	.06m More



# **Converging crises are changing our priorities**

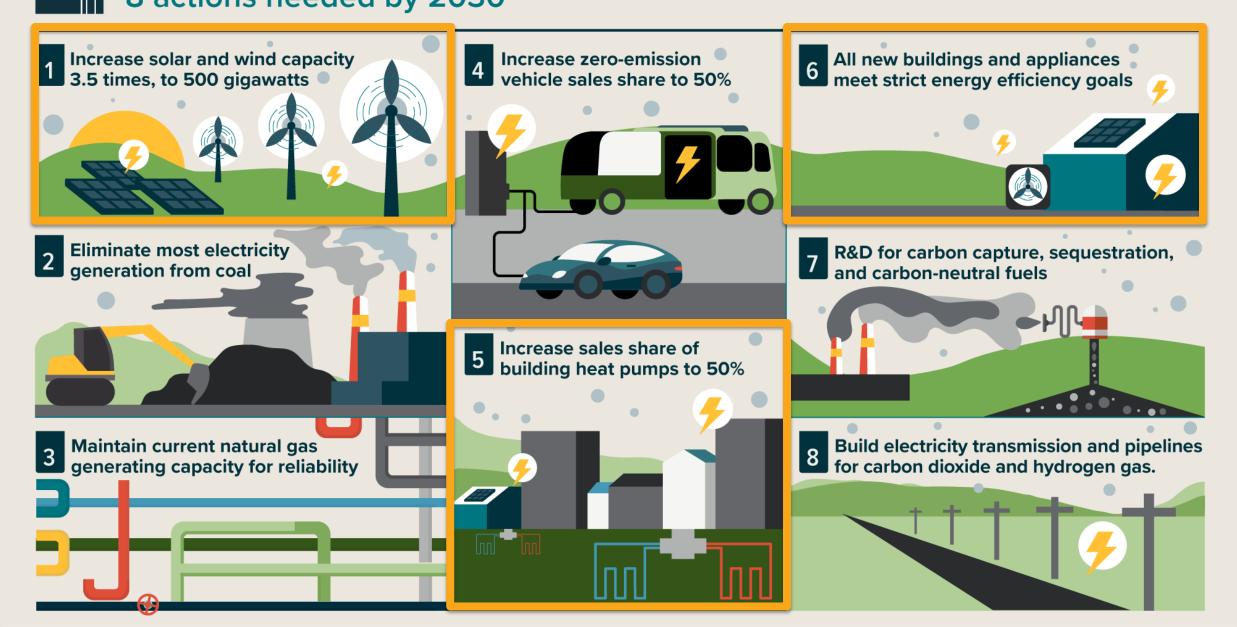
### HOUSTON, we have a PROBLEM!

(or SEVERAL!)

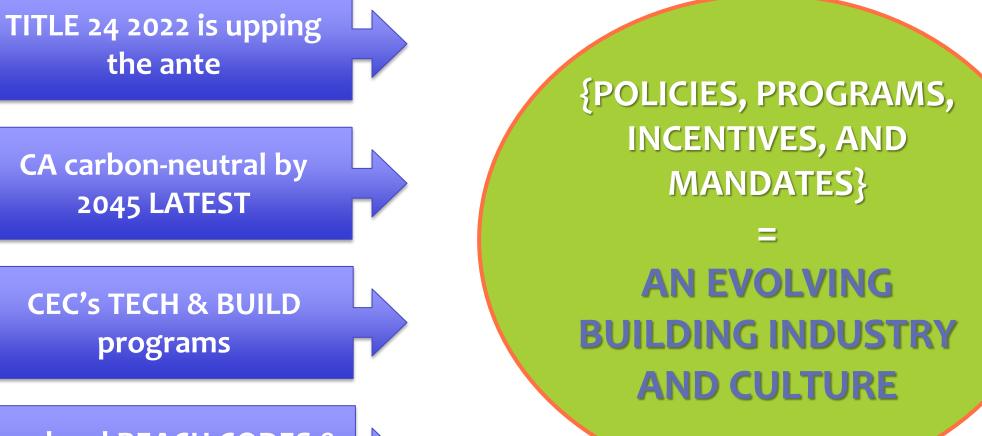


#### BERKELEY **Getting to Net-Zero Carbon Emissions by 2050** 8 actions needed by 2030

LAB



### Public agencies are acting ...



50+ local REACH CODES & natural gas bans

### The IPCC calls for "unprecedented action"

### It is possible: United States production of Military Aircraft

## <3,000 in 1939

## Mid 1944 — 3,000 Every 11 Days

## With vision, engagement, and commitment

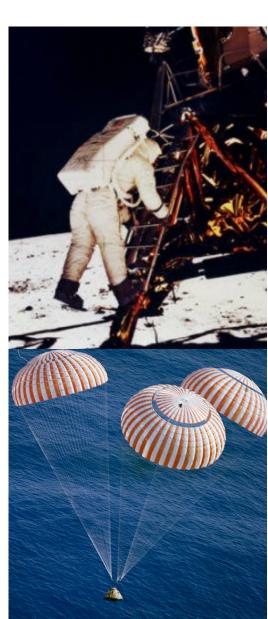
#### May 25, 1961

I believe this nation should commit itself to achieving the goal, before this decade is out, of landing a man on the Moon and returning him safely to the Earth.

> John F. Kennedy Message to a joint session of the Congress

On July 20, 1969, Apollo 11 astronaut Edwin E. "Buzz" Aldrin walked on the Moon

On July 24, 1969, Apollo 11 returned safely to Earth



# WHAT this means for the building sector



### **Understanding a Building's Carbon Footprint**







### We need to shift to HIGH PERFORMANCE



- Low/zero-carbon fuel sources
- Low/zero embodied carbon
- High efficiency
- Lowest-possible technology footprints
- Grid-friendly timing of energy use
- Built-in **resiliency**

# by 2030! EIGHT years!

### **Fuel sources**

 Meeting the State's climate goals means eliminating fossil fuels from buildings—



### No more gas:

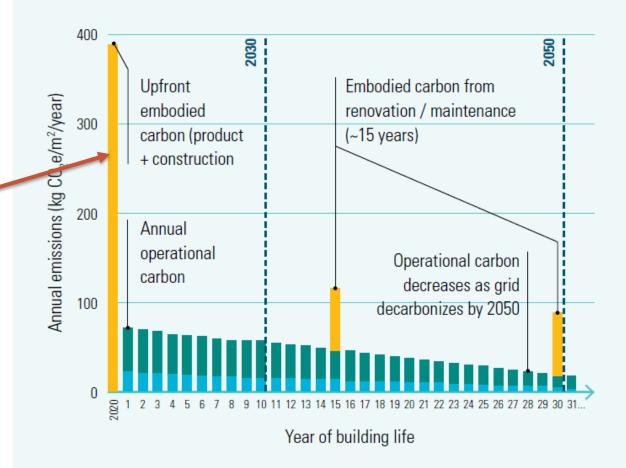
- Furnaces
- Water heaters
- Clothes dryers
- Stoves/cooktops
- Fireplaces

- Pool heaters
- Spas
- Barbecues
- Leaf blowers
- Lawn mowers etc. ...

## **Embodied carbon**

- We have 8 years to make the shift
- "Embodied carbon may represent ... almost 75% of all construction-related emissions over the next decade"

### RELATIONSHIP BETWEEN EMBODIED CARBON AND OPERATIONAL CARBON OVER A BUILDING'S LIFECYCLE

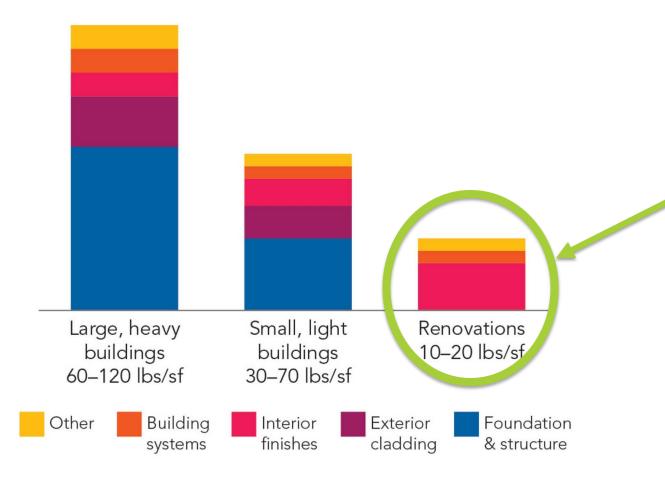


Embodied Carbon

- Scenario 1: High performance building
- Scenario 2: Standard performance building

Source: Carbon Leadership Forum

# **Embodied carbon (EC)** reduction strategies



- Build LESS—only what's essential (affordable housing!)
  - Rehab and repurpose EXISTING buildings (& reduce operating carbon)
- Make the DESIGN EC-savvy
- Choose low-EC MATERIALS

Carbon emissions by building type and material.

Credit: reproduced from Siegel & Strain Architects in The New Carbon Architecture, Bruce King ed.

# **Technology\* footprint**

\* from Greek tekhnologia: systematic treatment of an art, craft, or technique

### **Strategies to achieve high performance**

BUILDING GEOMETRY DECISIONS

PASSIVE COMFORT **FEATURES** 

siting, overhangs, insulation, orientation, building shape high-& complexity, performance window windows placement

ACTIVE **LOW-ENERGY** COMFORT **FEATURES** 

paddle fans, evaporative cooling

ACTIVE **MID-ENERGY** COMFORT **FEATURES** 

heat pump

water heating,

space heating

& cooling

ACTIVE **HIGH-ENERGY COMFORT FEATURES** 

> resistance heating

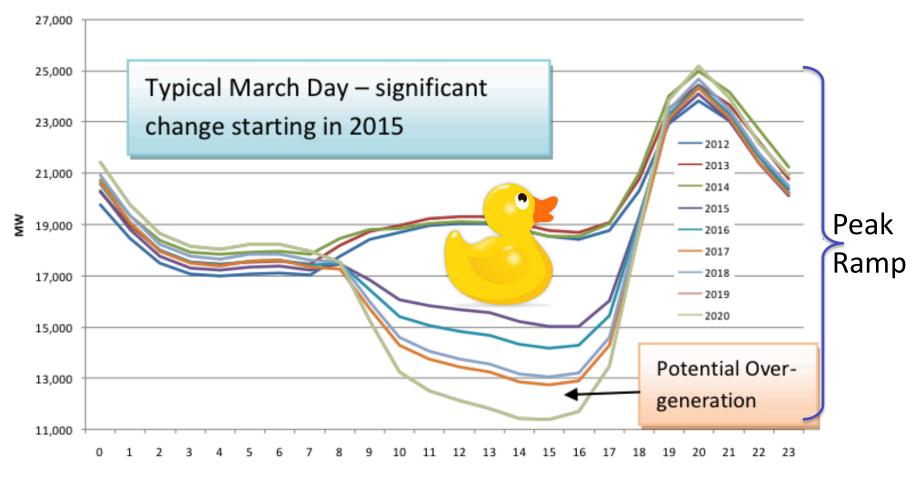
Image by No-longer-here from Pixabay

LOW-IMPA

LOW-TECH

# **Energy time of use (TOU)**

### "The Duck Curve"



 How MUCH energy we use matters and

• WHEN we use it matters!

# Energy TOU: demand response (DR)

- Customer opts into DR progran
  - Utility controls certain "smart" devices
  - Devices are managed based on grid needs
  - Customer maintains some control (specifics vary by program)

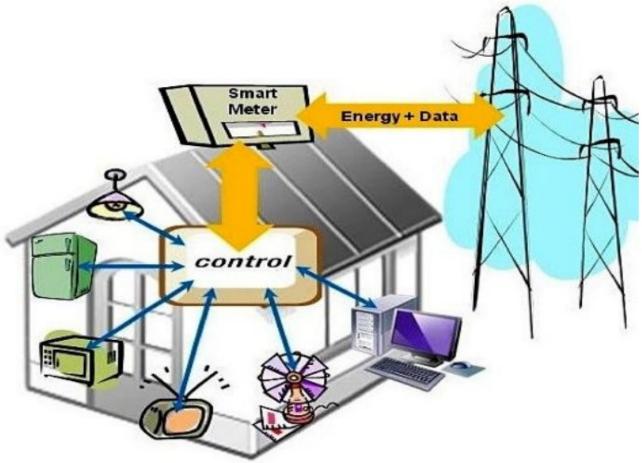


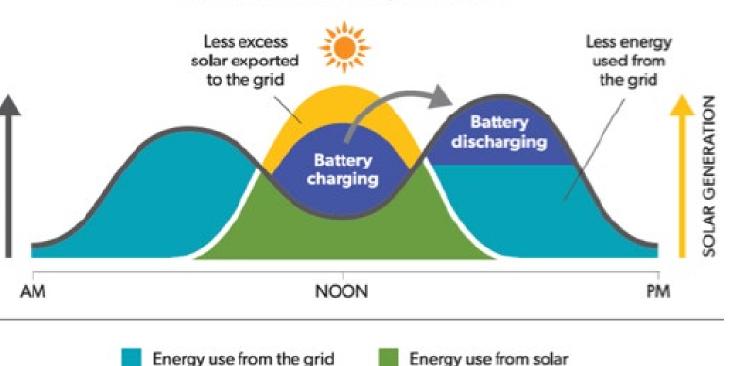
Image: SMART GRID-SHAPING THE POWER SYSTEM, Jai SINGH Arya & Mohan Kashyap

# Energy Time of Use: Solar + Storage

ENERGY USAGE

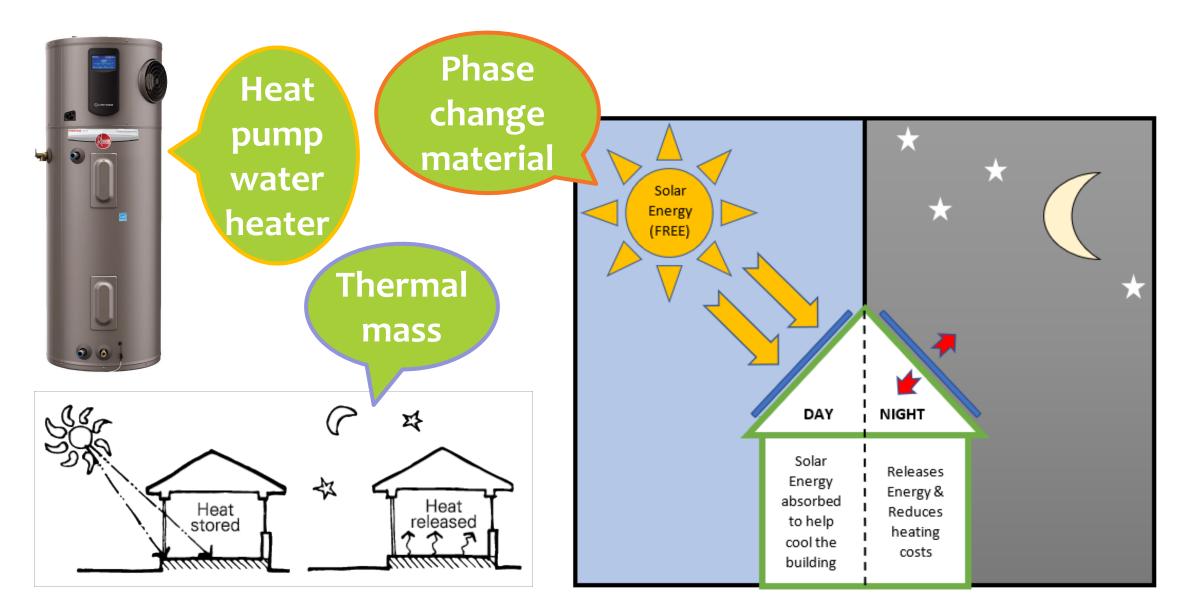
### Solar self-consumption

- Use daytime excess to charge
   EVs & batteries, use during
   peak rate periods
- Good for the grid—reduces ramp need
- Emergency backup
  - Use stored electricity during outages



#### Household with solar, plus batteries

### **Energy TOU:** Thermal Storage



### **Vulnerabilities:**

- Extreme heat
- Wildfire
- Smoke/air pollutants
- Power outages

# Resiliency

### **High-performance solutions:**

- Robust thermal enclosure
- Fire-hardened enclosure
  - Airtight enclosure, filtered ventilation system
- Robust thermal enclosure, energy storage

A HIGH-PERFORMANCE ENCLOSURE IS THE #1 PRIORITY FOR ACHIEVING RESILIENCY and air sealing is the #1 priority for a high-performance enclosure

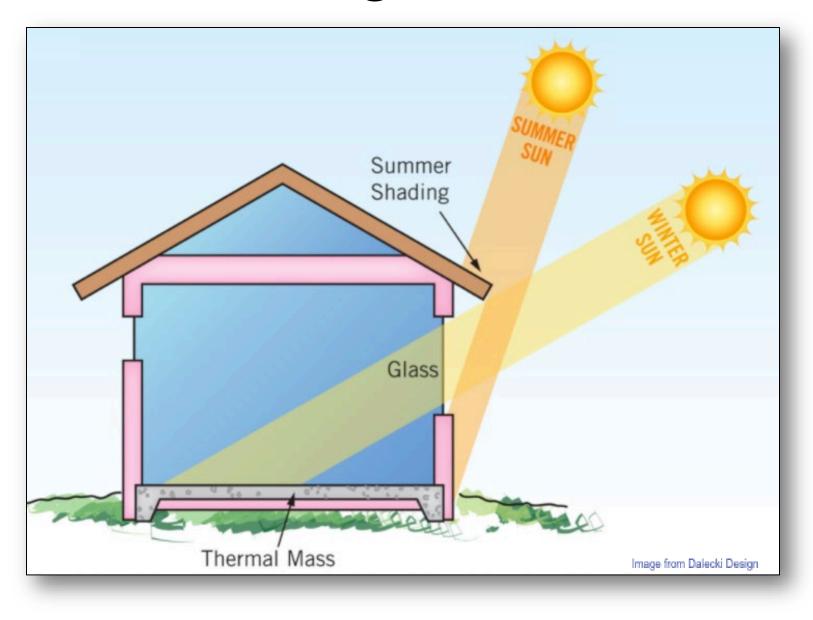




# The Loading Order of High Performance



### Passive solar: siting, orientation, shading



### Passive – it's in the name!



Passive solutions deliver desired performance naturally, as a function of design...



... and often, do not require any additional investment



### Modular components



### How is a resilient, passive house like a glider?

A small plane without power can glide 20 miles, while a glider can glide **more than 200 miles ...** 



Hours a normal home without heat will stay livable (above 40 degrees) for—

- 1950s home: 8
- 1980s home: 24
- 2009 home: 42
  A passive house: 154
  (More than SIX DAYS!)

# HIGH PERFORMANCE



- **1.** The NEW loading order
- 2. Building science
- 3. Integrated design & delivery

### How do we achieve high performance affordably? BY DES GN

cky Hill Co-Housing Community, Northampton, MA

### Making Choices Instead of Paying Premiums for Greener Buildings

#### BY BRUCE COLDHAM

T is often presumed that "green" resourceful building involves a cost premium. This is not a universal truth. Though it is reasonable to assume that a superior product should come at a premium, good performanceenhancing design is more a matter of examining design goals and objectives with a view to redirecting investment. On this basis, a performance enhancement can be seen as favoring one option over another —a choice rather than a cost premium. Unfortunately, due to the rather extreme conservatism in the building industry, many choices are never made explicit.

They are never discussed, never offered. In this article I will address a particular residential opportunity for improving green resourceful building performance by means of conscious choice rather than cost premium. It involves improving the thermal envelope at the expense of committing to a central heating system. Let's begin with three questions:

 Can compact, open-planned houses or with well designed, well constructed, or thermally-efficient building envelopes the achieve a reasonable standard of comfort by relying solely on the natural convection in

bute heat throughout the interior space?

- Can a single space heater located in the first floor living space provide comfortable heating for the whole house?
- 3. Can the envelope upgrade cost be covered by savings generated by the elimination of the heating ducts/pipes and the associated fans/pumps? The evidence of recent projects

completed by our office is that we can confidently answer YES to each of these three questions.

With the savings from not investing in central heating, we are able to afford better windows (at least up to a U value First and foremost ask the right questions

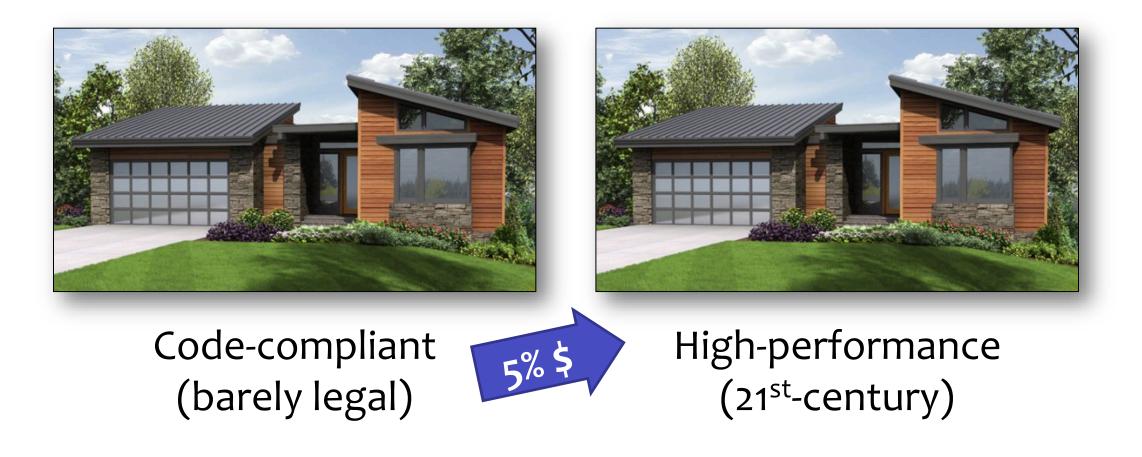
DO ASK:

"What do we need to do differently to go highperformance without increasing costs?"

> NOT: "How much extra will a highperformance home cost?"

air circulation within the house to distri-

## Selling high performance as an upgrade — "Would you like to add elements of high-performance?"



### Or as the **baseline**?

"Would you like to downgrade any elements of high performance?"



What would you sacrifice: energy efficiency... controlled air quality... thermal comfort... resilience... durability... resale value... peace of mind???

### What if safety features were not **required** in cars?





### **Baseline Model** Compliant with 1959 safety regulations

### + Passive Safety Features

Safety belts, airbags, anti-lock brakes, energy absorbing frame ...

### Would you invest 5% more to have them?

## The NEW loading order

### **PRIORITIZE IN THIS ORDER to:**

- minimize utility costs
- maximize passive survivability
  - 1. Minimize embodied carbon
  - 2. Optimize efficiency
  - 3. All-electric (zero-carbon) operation
  - 4. Renewable energy -
  - 5. Energy storage

### **Build:**

Building geometry

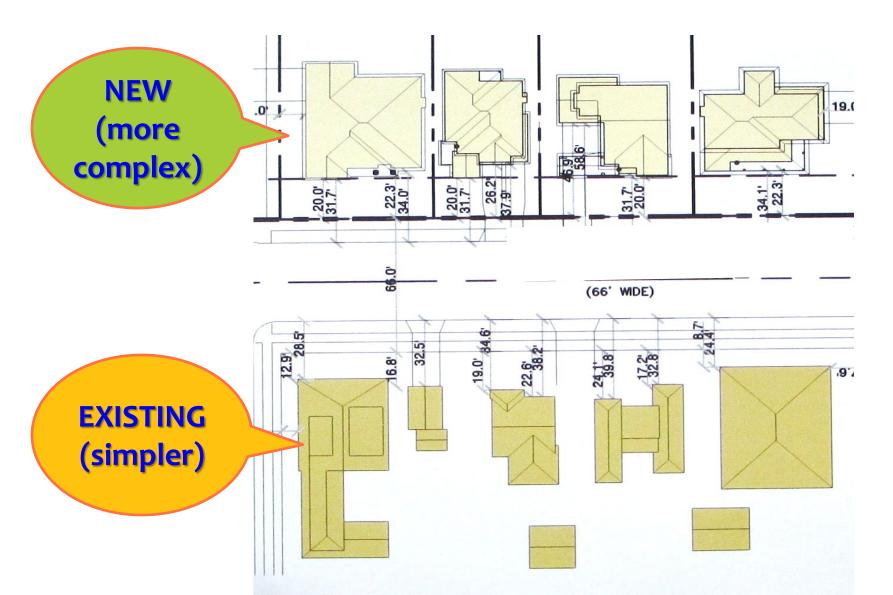
- Enclosure/envelope
- HVAC
- Water heating
- Filtered ventilation
- Battery (or Ev someday soon!)
- Water heater
- Phase change materials

eeded

ng

:ure n materials

## **Efficiency:** building geometry



What are the costs of complexity here?

- Design \$\$\$
- Construction \$\$\$
- Liability risks
- Lost solar opportunity
- Higher utility costs
- Potential moisture intrusion

## **Efficiency:** building geometry

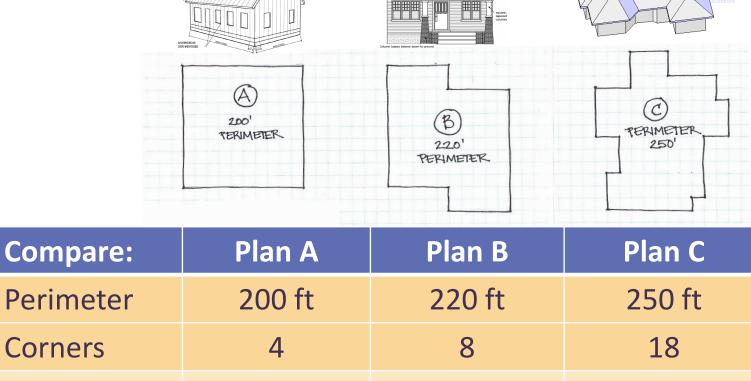
\$ increase

### **Construction cost assumptions** (labor + materials):

- \$300 / foot of perimeter
- \$500 / corner

### Not included:

- Interior impacts
- Roofing impacts
- Design costs
- Occupant utilities



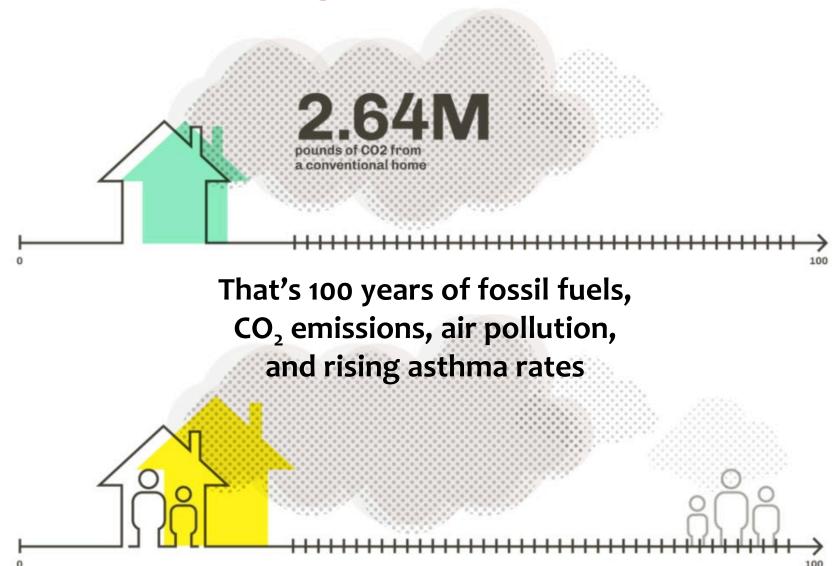
2,500 square foot floor plans

Image A greenbuildingadvisor.com | Image B greenvillesc.gov | Image C www.builderbill-diy-help.com

\$9,000

\$15,000

### The envelope: the **100-year decision** The life of a building envelope is usually 100+ years



Images: ERASE40.org

### The envelope: decorate it ... but not with it!



### Windows need to serve a purpose!

- Daylight
- Fresh air
- Views
- Egress



### The envelope: PPE



**5.** High Efficiency **Heat Recovery** Ventilation 3. **Climate Specific** Insulation Levels Airtightness Thermal **Bridge Free Connections** 2. High-Performance Windows/Doors

Personal Protective Equipment Personal Protective Envelope

### The envelope's job: provide resiliency



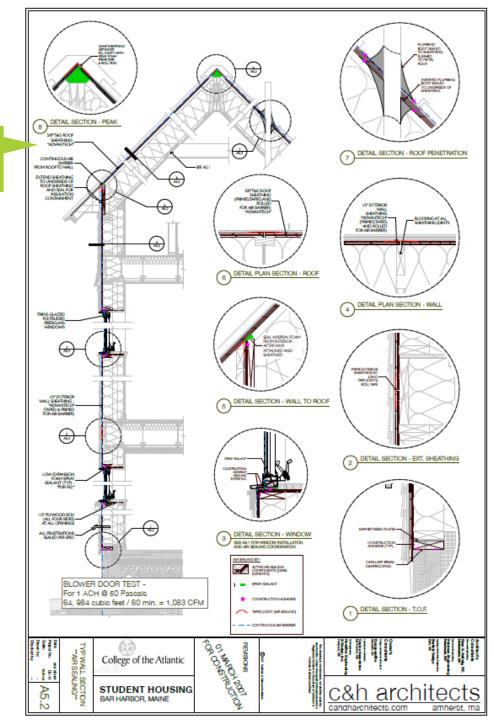
- Airtight shell
- Sufficient insulation
- Continuous fresh air

## The envelope: air sealing

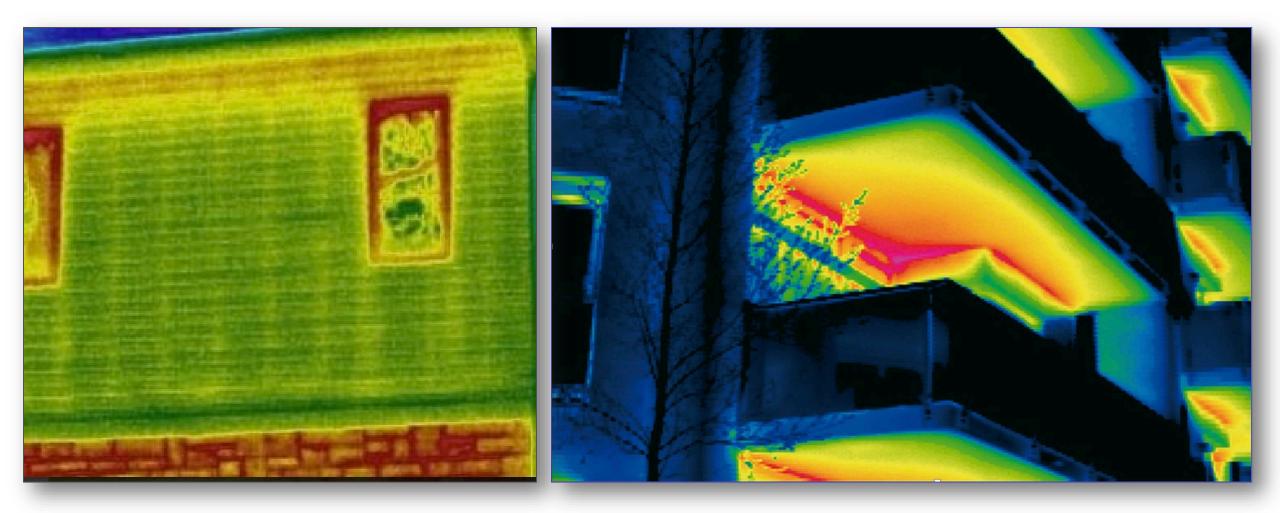
### Air leakage control:

FREE DOWNLOAD: Air sealing drawing by Coldham & Hartman Architects →

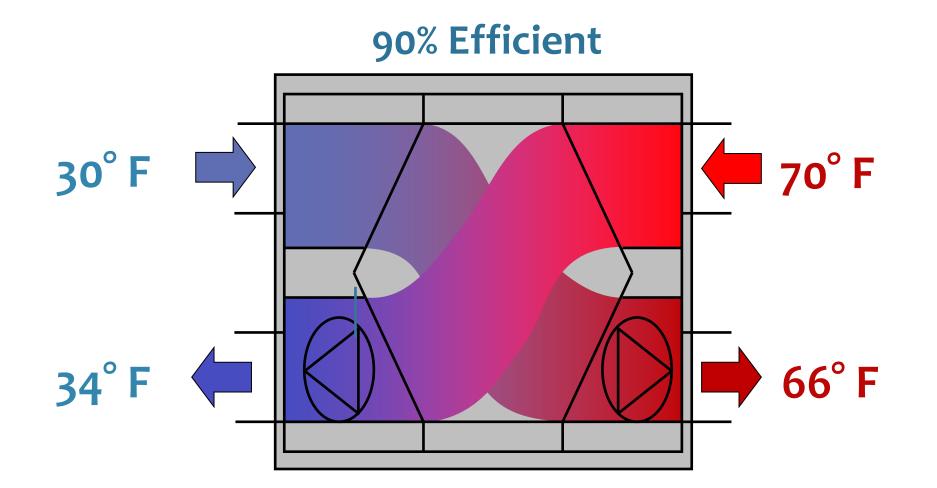
- Details for air sealing & exterior insulation
- Air sealing cross section (keyed to details)
- Specifications for air sealing, insulation installation, other critical construction quality tasks
- Intent communicated to contractor & subs
- Quality managed during construction

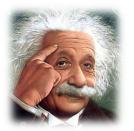


## The envelope: climate-specific insulation ... and free of thermal bridges



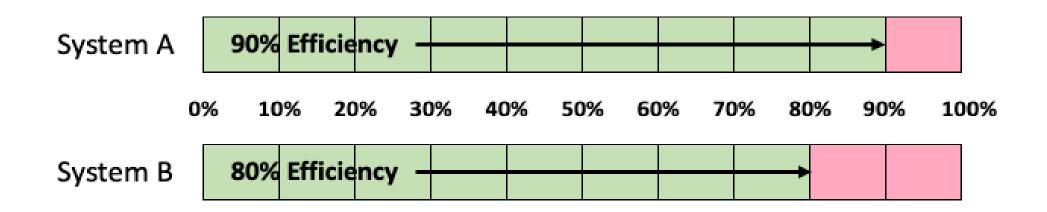
### Heat/energy recovery ventilation (HRV/ERV)



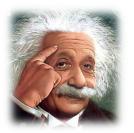


## 90% versus 80% efficiency

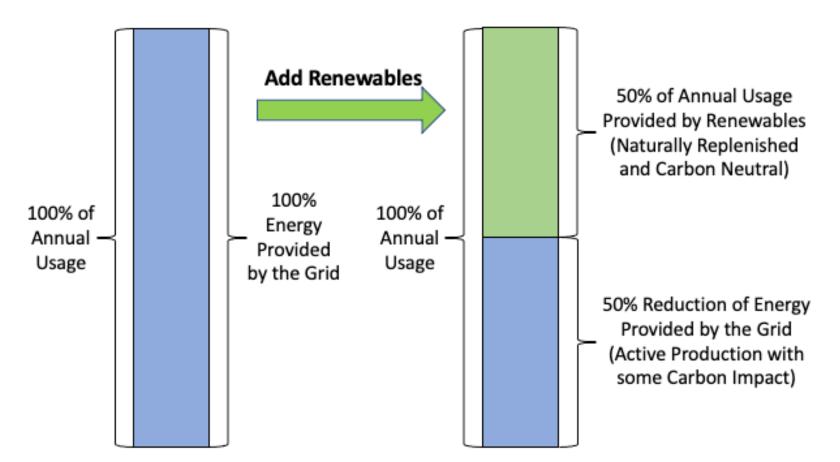
Seems like a pretty small difference



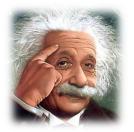
But it **doubles** the energy required!



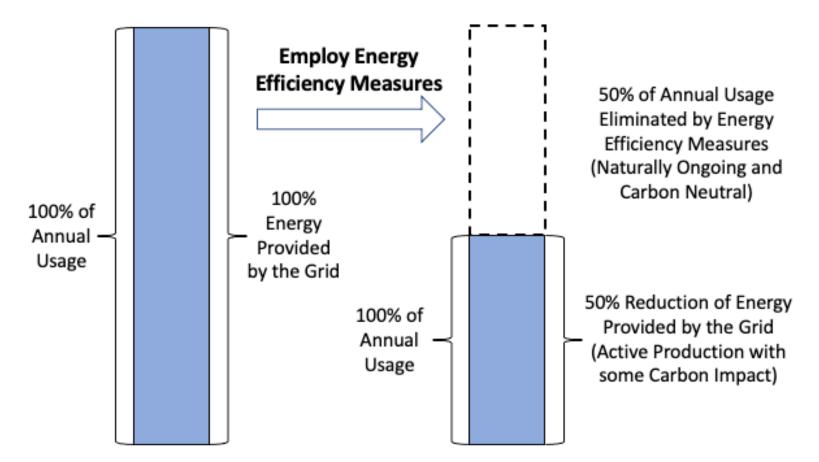
## Efficiency is the first renewable



The 50% of energy that you are no longer using costs you nothing, year after year. The least expensive energy is the energy that you do not use.



### Efficiency is the first renewable

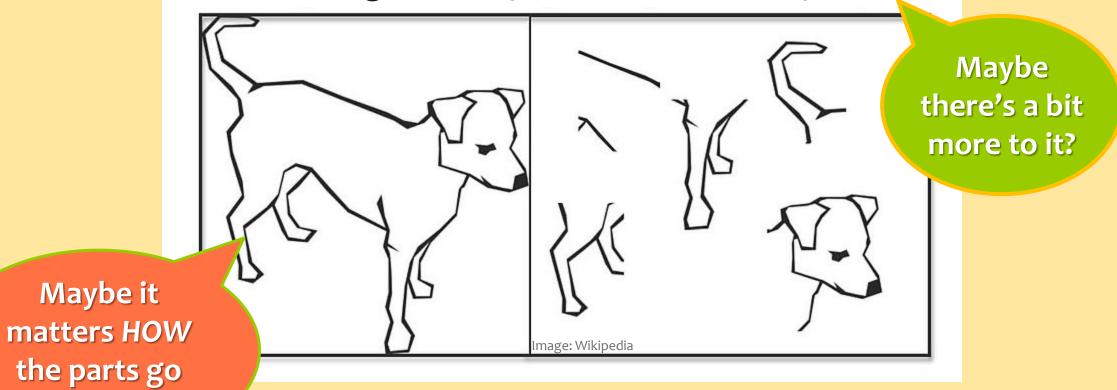


When you compare the relative outcomes, the results are essentially the same. Both approaches are ongoing and carbon neutral.

## **Building science**



Is a dog made up of the sum of its parts?



together??!

### The whole is MORE than the sum of the parts!

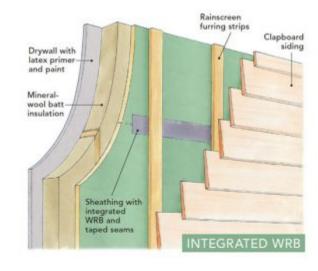
A collection of parts isn't enough...

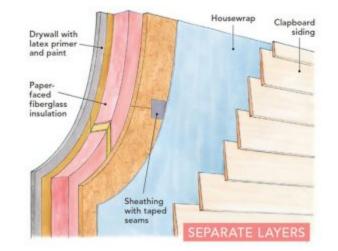
> For something to WORK it needs to be assembled right!

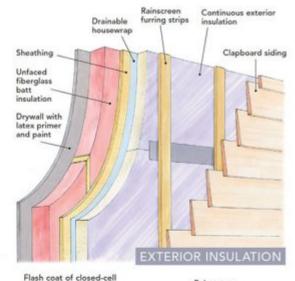
### **Physics rules: assemblies matters**

### **CONTROL MOVEMENT OF:**









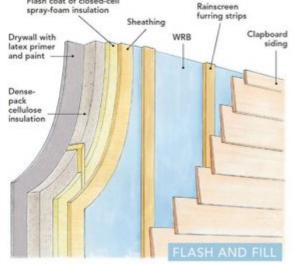
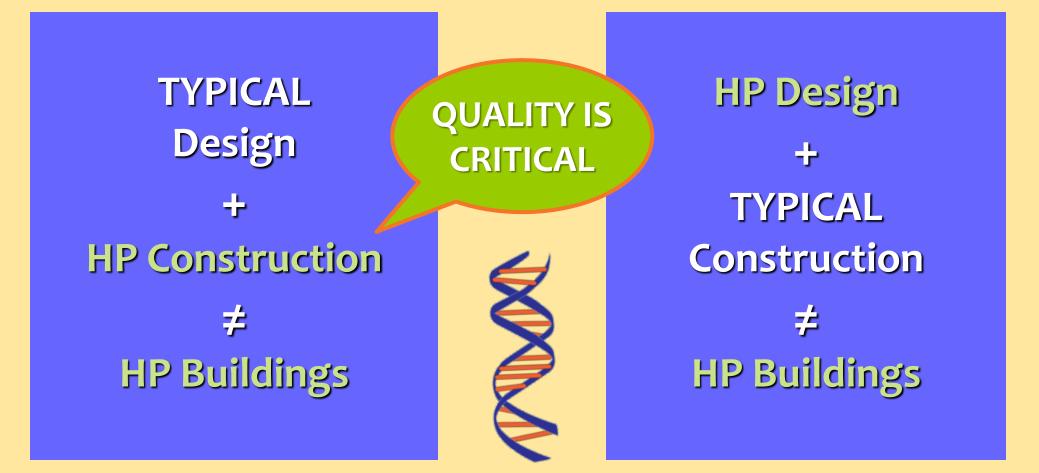


Image: FineHomebuilding.com



## **Integrated design & delivery**



### How to assemble the parts WELL—

**Buildings perform well** when the building components and systems are **well integrated;** 

Effective building integration happens only if the project team is also well integrated.

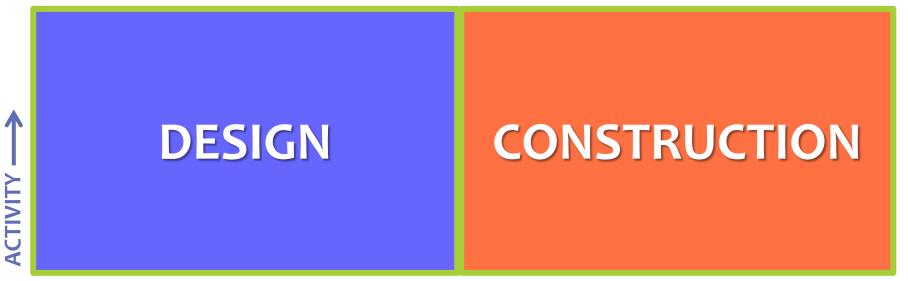


### How DO the parts go together?

The (myth of the) project development DIVIDE

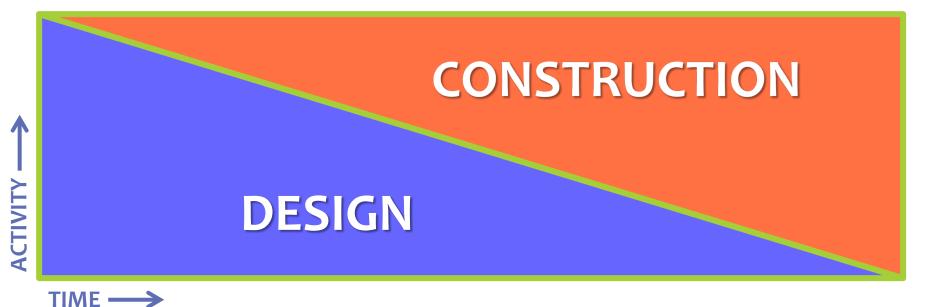
TIME --->

How we typically think about building creation



### How DO the parts go together?

The (reality of the) project development CONTINUUM What's really happening

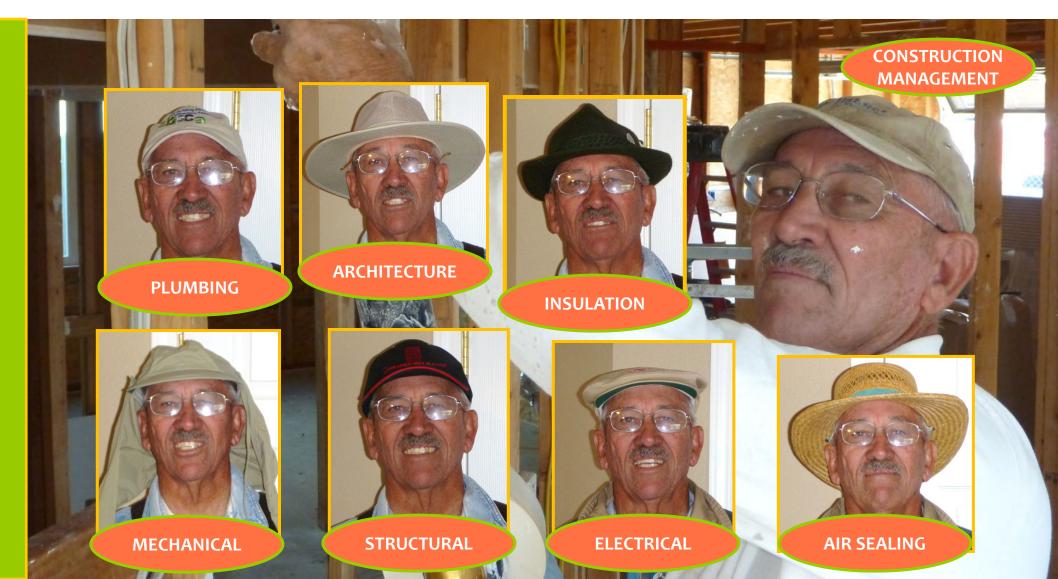


### **Therefore: engage key people EARLY** BUILDER / **CONTRACTOR** MAJOR **CONSULTANTS** & SUBS ARCHITECT / DESIGNER

All should have experience on projects comparable in NATURE and SCOPE

### What does an integrated team look like?

The ideal integrated team has the **FEWEST MEMBERS** with the necessary skills and traits!

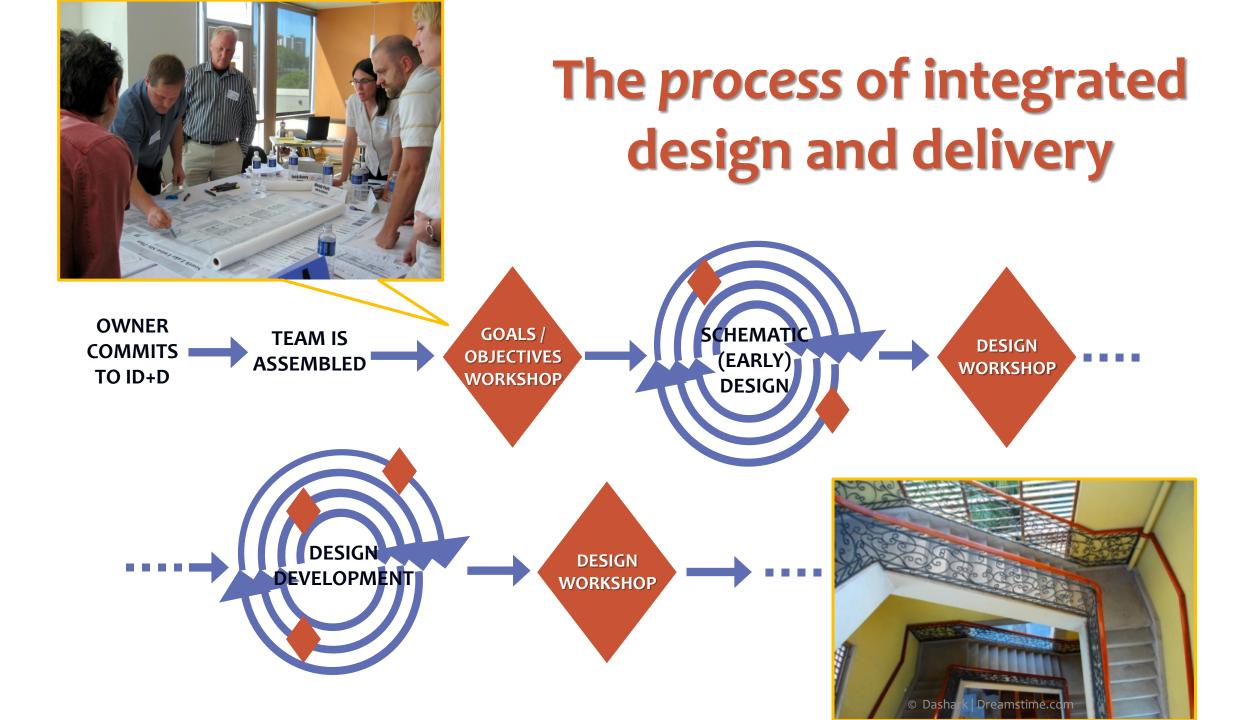


## Choose well: key traits of high-performance teams

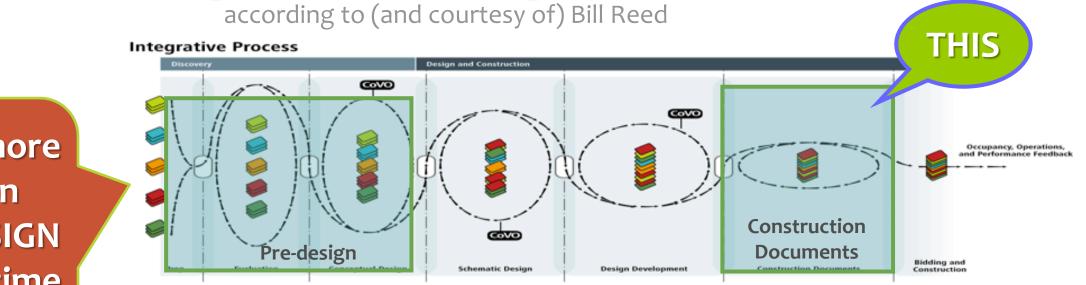
- Commitment
- Creativity
- Experience
- Engagement

definition: plays well with others

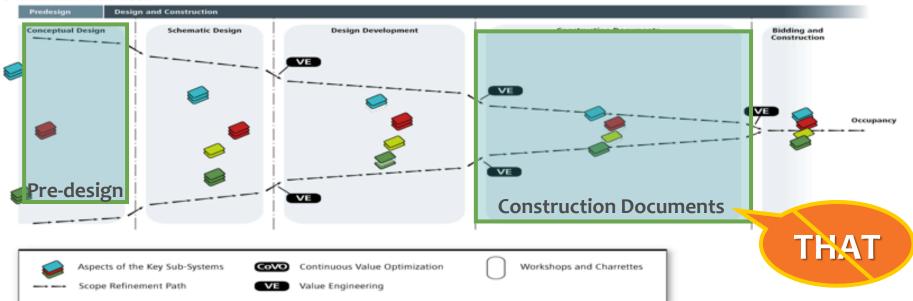




### How integration changes the timeline

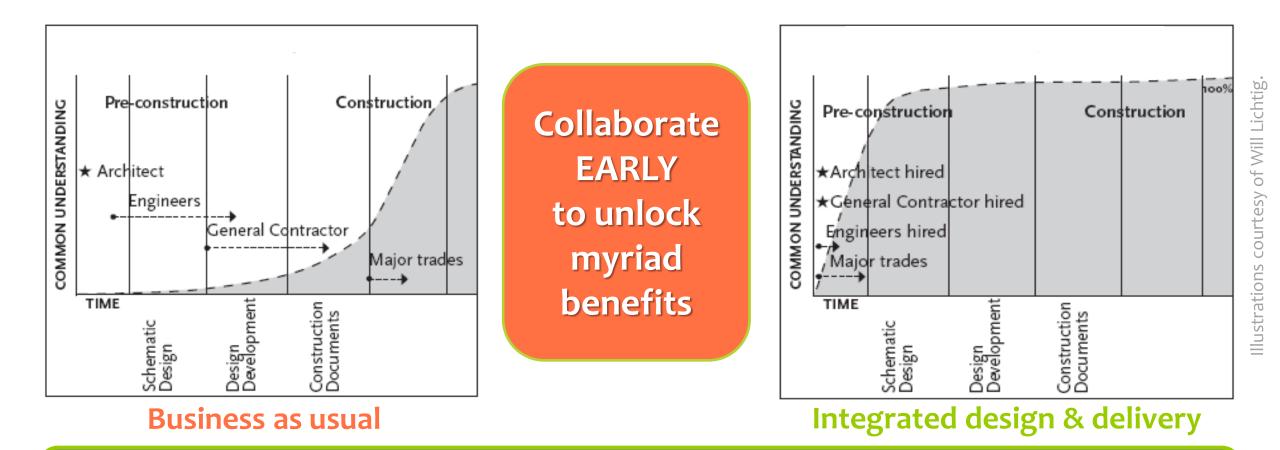


#### **Traditional Process**



Spend more time in PRE-DESIGN to save time on CDs and reduce change orders!

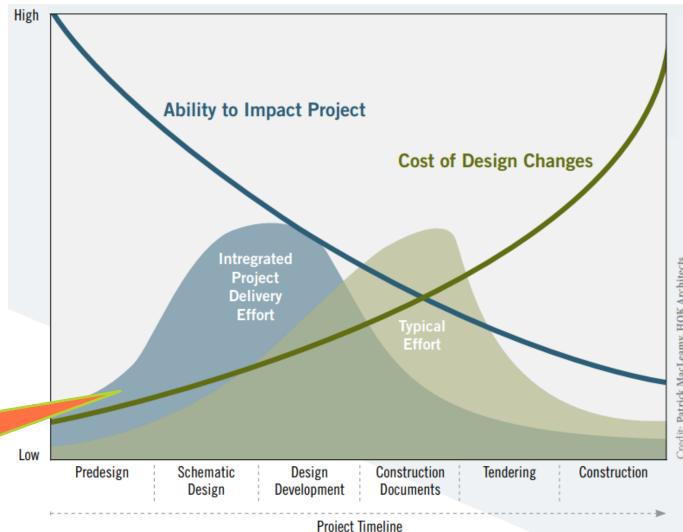
## Integration produces better buildings



BENEFITS: reduced change orders, cost overruns, construction time, liability—and increased productivity, harmony, happiness, achievement of goals!

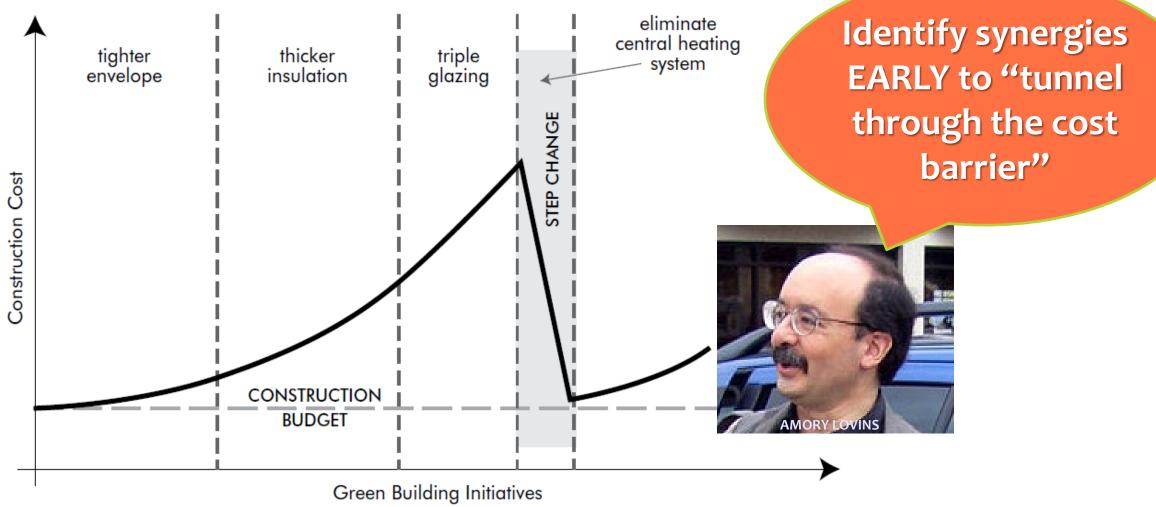
### **Integration saves money**

High "Owners who have pursued integrated design and delivery report better outcomes in terms of value and cost." **INTEGRATED DESIGN & DELIVERY GUIDE** http://www.cec.org/sites/default/idd/index.php Tap your team's expertise Low EARLY when it's most valuable Predesign



eamy, HOK Architects Credit: Patrick MacL

### **Integration saves money**

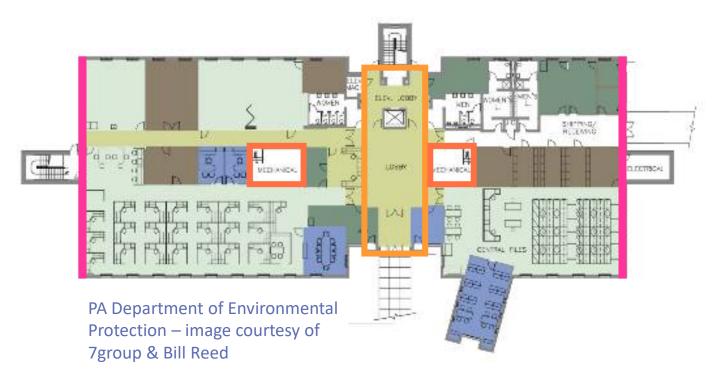


courtesy of Bruce Coldham, Coldham & Hartman Architects

### **Integration saves money**

Example: savings from design integration





**Relocating mechanical room from penthouse to core:** 

- Reduced energy loads and
- Reduced first cost by \$40,000

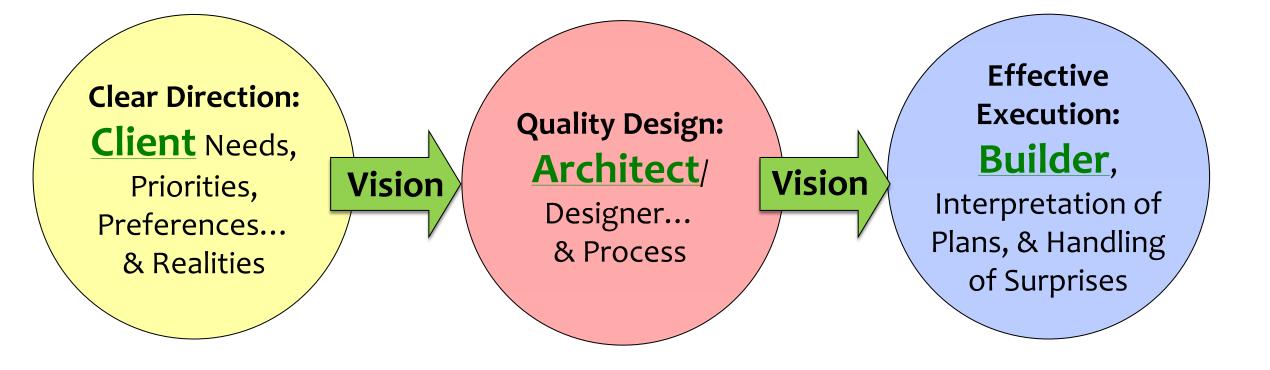
# **Integration principles**

- 1. If your PROCESS IS SOUND (well integrated), good outcomes will follow.
- 2. A sound process carried out by the RIGHT PEOPLE virtually guarantees a good project.
  - Committed
  - ✓ Creative
  - ✓ Experienced
  - Engaged

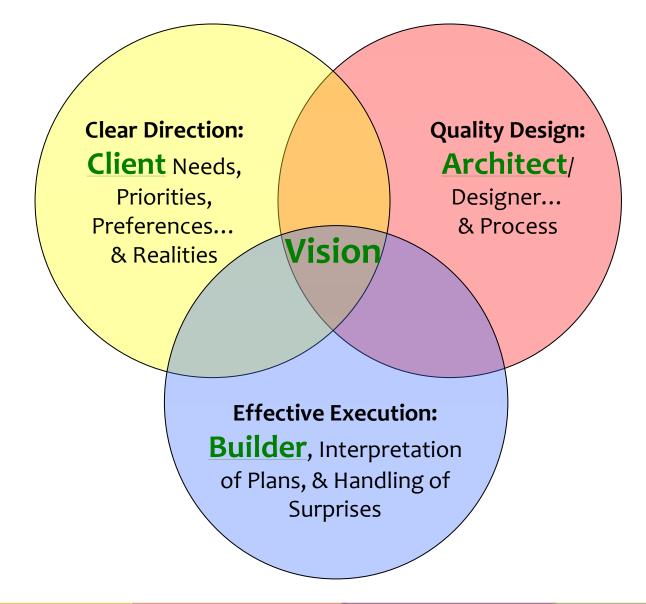
3. The party left out is the one who will cause trouble.

4. If it ain't in black & white, it won't happen!

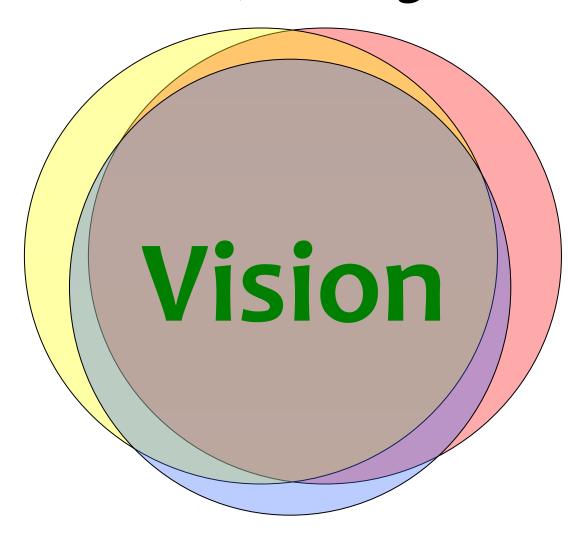
## The old model — a relay race



#### The high-performance model — collaborative team effort



#### The collaborative team, *leaning* in = better outcome



## **Evidence-based performance**

- Set performance goals & measurement methods
- Employ detailed modeling
- Test/commission to verify performance
- Monitor performance and occupant experience



## Change is happening all the time— Our evolving view of sustainability, 1960s – 2020s

THINK IT: Conservation & activism – EDF, Greenpeace ... CHOOSE IT: Prescriptive Stds. – Energy Star, LEED, Build it Green MEASURE IT: Performance Stds. – Passive House, Living Building, WELL, RESET

PERFORMANCE

PROVE IT: Legislation, Disclosure Ordinanses, Reach Codes...

# Begin early — with the end in mind

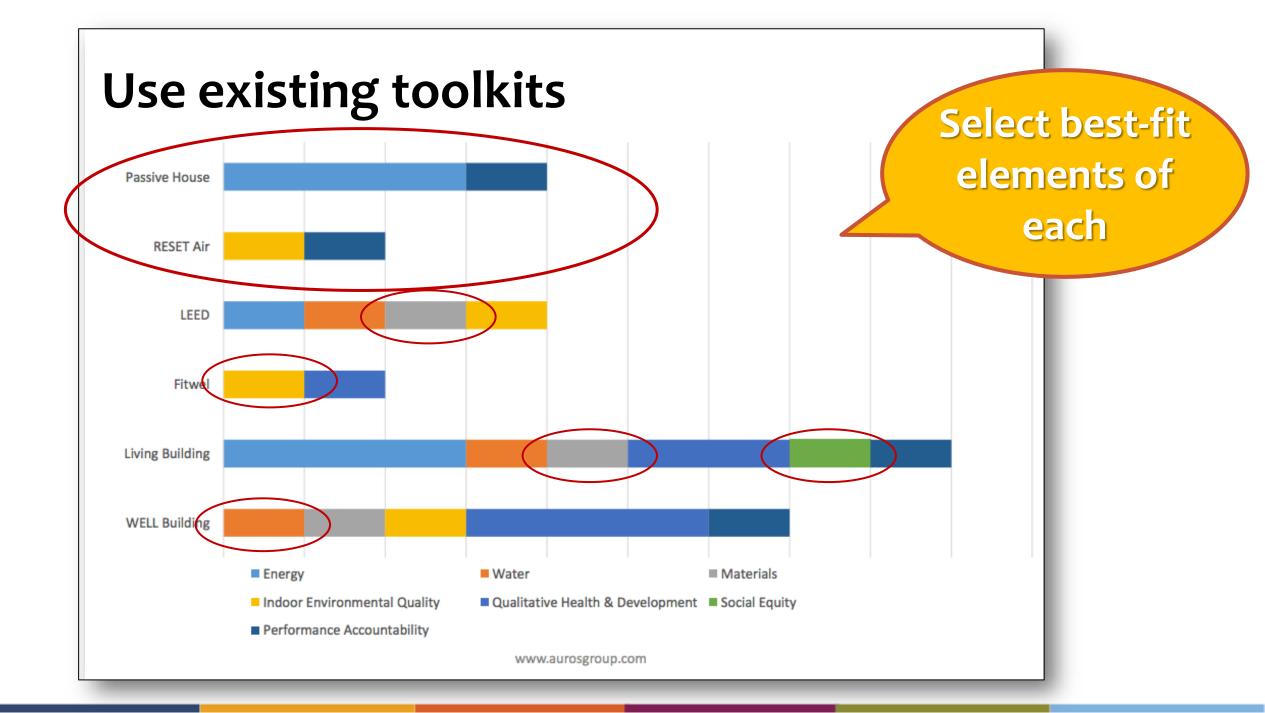
#### **Owner's Project Requirements (OPR)**

- Envelope
- Energy efficiency
- Water management
- Materials
- Indoor air quality
- Indoor environmental quality
- Community
- Operations and maintenance
- Waste management



# A buffet approach







# Project Lc (OPR) wner's Ð uirer Req

Define Success





INDOOR ENVIRONMENTAL QUALITY	
Sound (Internally Generated Noise)	WELL compliance with S01 Sound Mapping
	WELL compliance with S02 Maximum Noise Level
LANDSCAPING	
Beauty	Exterior Wall Mural, Local Artist
Biophilia	Use Natural Materials
	Activate Public Plaza
MATERIALS	
	WELL compliance with X09 Cleaning Products and Protocol
Material Toxicity	WELL compliance with X10 Volatile Compound Reduction
	WELL compliance with X11 Long-Term Emission Control
	WELL compliance with X12 Short- Term Emission Control
	LEED compliance with MR Building Product Disclosure and
	Optimization - Material Ingredients
OPERATIONS AND MAINTENANCE	
Annual Maintenance Budget	Annual expense analysis
WASTE	
Construction Waste	LEED compliance with MR Construction and Demolition Waste
	Management Planning
Post-Construction Waste	WELL compliance with X04 Waste Management
MATED	
WATER Potable Water Reduction	50% total water reduction from Pittsburgh 2030 District Goals,
	with officient fixtures
	WELL compliance with W01 Fundamental Water Quality
Potable Water Quality	WELL compliance with W02 Water Contaminants
	WELL compliance with W02 Water Containing its
	WELL compliance with W03 Englohelia Control WELL compliance with W04 Enhanced Water Quality
	WELL compliance with W05 Water Quality Consistency
	WELL compliance with W08 Handwashing
	WELL compliance with W08 Handwashing WELL compliance with W09 Onsite Non-Potable Water Reuse.
Storm Water Reduction	· · · · · · · · · · · · · · · · · · ·
	Implement grey water solution for toilets and landscape irrigation
TRANSPORTATION	
Bicycle & Scoobi Share, Bicycle Parking	LEED compliance
Bicycle Storage and Support	
BRT Access Point	

**Targets & Goals** 

# What YOU can DO



# Our home is on fire!

{POLICIES, PROGRAMS, INCENTIVES, AND MANDATES}

AN EVOLVING BUILDING INDUSTRY AND CULTURE

As high performance becomes more prevalent ...

#### Threat

Lack of knowledge about High-Performance will hurt my credibility... and business

#### **Opportunity**

Knowledge about High-Performance will be a positive differentiator

# Choose: how you will proceed

#### **TODAY'S OBJECTIVES**

- Awareness and alignment: what is, what is happening, and what is possible
- Knowledge to make informed and purposeful choices:
   where you fit and how you will proceed in this critically important emerging market

#### **SET PRIORITIES & OBJECTIVES**

#### Plan

- analyze and allocate resources
- Implement
  - Measure and track results
- Optimize
  - Strategies, tactics, and outcomes

## Steps to success

- Identify the leaders
- Set higher targets
- Support front runners
- Educate everyone
- Remove barriers and increase incentives
- Pilot projects



## Educate everyone

#### Get brighter yourself

- Stay informed
- Keep learning

#### Spread the word

- Websites
- Event calendars
- Sponsor & host learning opportunities



# Pilot projects/initiatives = proof of concept

Positive examples & experiences accelerate adoption ... and lower required investment

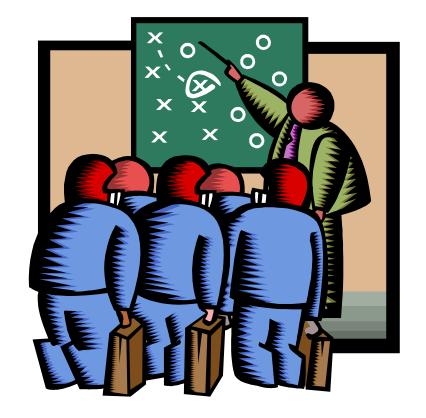
- New buildings
- Retrofits
- Underway
- On the horizon



# Industry professionals

#### **Top-down and bottom-up**

- Define and implement valuesbased business practices
- Provide knowledge and skills
- Inspire commitment
- Reward effort and celebrate success



# Jurisdictions: policy makers and staff

## Incentivize high-performance projects

- Fast-track planning/building process
- Adjust requirements/allowances (FAR, height, parking, coverage, etc.)



- Provide \$\$\$ and/or promotion
- Initiate projects on jurisdictionowned buildings

COST-NEUTRAL

\$\$\$



## Anyone ... and everyone

# Add your voice in support of high-performance building

- Policies
- Programs
- initiatives
- Projects

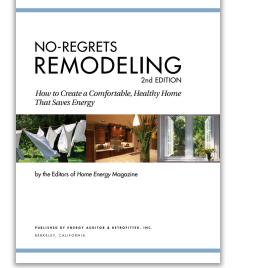
Get involved and build toward positive progress





"Do the best that you can until you know better. Then, when you know better, do better." Maya Angelou

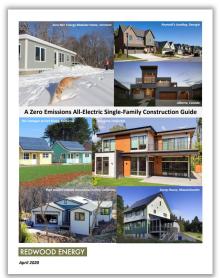
#### Resources



<image>

**Integrated Design** 

Improving Green Building Construction in North America



#### THE POWER OF EXISTING BUILDINGS

SAVE MONEY, IMPROVE HEALTH, AND REDUCE ENVIRONMENTAL IMPACTS



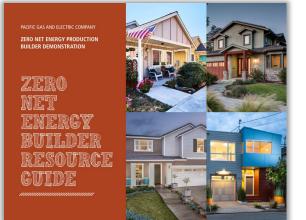
No Regrets Remodeling Integrated Design Guide All-Electric New Home Guide Download here

1

Guide to

ZNE Primer for Architects Download here





ZNE Builder Resource Guide Download here



#### AnnEdminster.com

- Zero energy consulting
- Integrated design & delivery facilitation
- Capacity building



#### Jay.Gentry@passivehousecal.org

- Passive House California Board
- High-performance advocate
- Marketing and sales consulting



### 3C-REN Overview & Upcoming Events

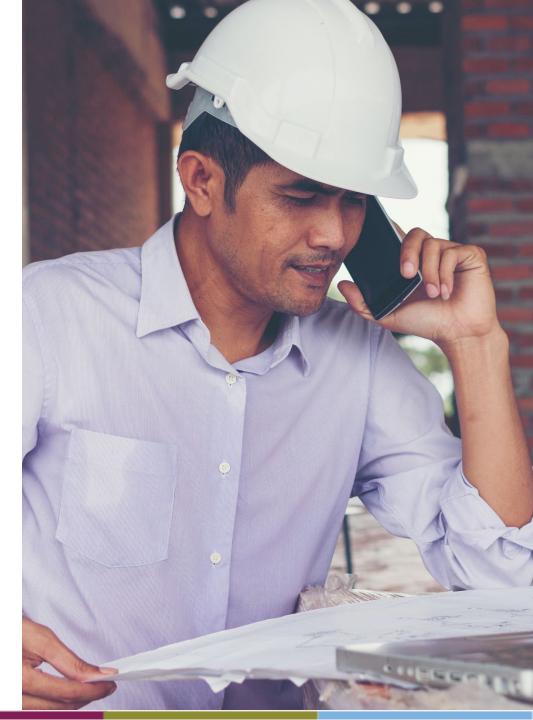






- Serves all building professionals
- Three services
  - Energy Code Coach
  - Training and Support
  - Regional Forums
- Makes the Energy Code easy to follow

Energy Code Coach: 3c-ren.org/codes 805.220.9991 Event Registration: **3c-ren.org/events** 





- Serves current and prospective building professionals
- Expert instruction:
  - Technical skills
  - Soft skills
- Helps workers to thrive in an evolving industry

Event Registration: **3c-ren.org/events** 





Multifamily (5+ units)

- No cost technical assistance
- Rebates up to \$750/apartment plus additional rebates for specialty measures like heat pumps

#### 3c-ren.org/home

Single Family (up to 4 units)

Coming soon, and DIY toolkits available now

3c-ren.org/diy-toolkit



## Closing

- 1.5 AIA HSW|LU's Available
  - Contact <u>ian.logan@ventura.org</u> for any questions regarding LUs
- Coming to Your Inbox Soon!
  - Slides, Recording, & Survey Please Take It and Help Us Out!
- Upcoming Courses
  - 11/18 All Electric Homes 101
  - 12/2 Efficient Yields Tri-County: Greenhouse Optimization—Aligning Your Systems with Your Surroundings

Q1 2022 Course Calendar Coming Soon





#### Thank you!

For more info: 3c-ren.org

For questions: info@3c-ren.org



TRI-COUNTY REGIONAL ENERGY NETWORK SAN LUIS OBISPO · SANTA BARBARA · VENTURA